

# Opening the Outdoor Courts

## Advice to Members:

- ⇒ Ease back into play. Due to the break, players are more susceptible to injuries when returning to play.
- ⇒ It is recommended to play only with family members and/or those whom live in your house/you have frequent contact with, or with individuals that are low-risk.

## DO NOT PLAY IF

- ⇒ You exhibit any symptoms including mild to severe respiratory illness with fever, cough and difficulty breathing, or other symptoms identified by the CDC.
- ⇒ Have been in contact with someone with COVID-19 in the last 14 days.
- ⇒ Are of the vulnerable/at-risk population

## Mandatory Guidelines:

### **Before Playing**

- ⇒ Wash your hands with a disinfectant soap and water (for 20 seconds or longer), or use a hand sanitizer if soap and water are not readily available, before going to the court.
- ⇒ Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats and towels.
- ⇒ Bring a full water bottle. Beverage service will not be provided.
- ⇒ Consider taking extra precautions such as wearing gloves.
- ⇒ If you need to sneeze or cough, do so into a tissue or upper sleeve, then go to the restroom to wash.
- ⇒ Arrive as close as possible to when you need to be there. The building will not be open, and we will not condone close contact socializing.
- ⇒ Avoid touching court gates, fences, benches, etc. if you can.

### **While Playing**

- ⇒ Try to stay at least six feet apart from other players. Do not make physical contact with them (such as shaking hands or a high five).
- ⇒ Consider not playing doubles. If you do play doubles, it must be with household members.
- ⇒ Avoid touching your face.
- ⇒ Do not share food, drinks, towels, or rackets.
- ⇒ Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- ⇒ Stay on your side of the court. Avoid switching sides.
- ⇒ Remain apart from other players when taking a break.
- ⇒ If a ball from another court comes to you, send it back with a kick or with your racquet.

### **After Playing**

- ⇒ Leave the court as soon as reasonably possible.
- ⇒ Wash your hands thoroughly or use a hand sanitizer after coming off the court.
- ⇒ No extra-curricular or social activity should take place. No congregation after playing.
- ⇒ All players should leave the facility immediately after play.

*Please remember, it is unacceptable to bring your own alcoholic beverages.  
We can lose our liquor license if this happens.*